

FOUNDATIONS OF EXPRESSIVE ARTS
A 16-WEEK TRAINING PROGRAMME

Are you a social worker, teacher, therapist, artist, youth worker or other professional wanting to expand your professional skill set?

Foundations of Expressive Arts is a course designed to help professionals expand their working skills to include principles and practice of expressive arts. This course can be taken for personal as well as professional development.

The course will teach basic principles and practice drawn from core literature in the field of intermodal expressive arts as used in therapy, coaching, education and social change. The instructor is responsible for teaching the basic concepts while four guest artists will present specific modalities, for example, dance/movement, writing, theatre and visual art. Because ISIS-Canada emphasizes experiential learning, you will be encouraged to explore how different dimensions of artistic action can connect to your work and to your own life.

COURSE INFORMATION:

CLASS: This is a three-hour weekly class, Wednesday 1:00-4:00 PM, running for sixteen weeks from early October to February. Emphasis will be placed on understanding the basic elements of Expressive Arts. Topics include intermodality, expanding the range of play, aesthetic response and aesthetic responsibility, decentering through art- work, play and ritual and, using the arts as a resource-based approach to trauma. A reading package will be provided.

Foundations is also designed to help students develop their own creative potential by encouraging them to engage in an ongoing artistic practice. You will be asked to complete 50 hours of studio time during this training. At the end of the course, there will be a one-day gathering when students will have the opportunity to present the work you've been doing in your studio time.

After finishing all course requirements, you will receive a Certificate of Completion in the Foundations of Expressive Arts.

COST: Tuition is \$1600.00, with \$100.00 off for early registration. A \$200.00 deposit is required to hold your place. Deposit for early registration is due by June 30, 2008.

LOCATION: ISIS-Canada Studio at 66 Gerrard St. East, 3rd floor.

INSTRUCTOR: **Lee Shields, MA**, is a graduate of ISIS-Canada and the European Graduate School in Saas-Fee, Switzerland. Along with her private practice, she is core faculty at ISIS-Canada and has been active in community art building for the past 10 years. Her studio practice includes vocal and visual art as well as dance and movement. Lee has a particular interest in the relationship between art and social change.

GUEST SPEAKERS: TBA