

Knowing Through the Arts

ISIS-Canada is pleased to offer this intermodal workshop series from February to June 2006. All workshops will be facilitated by our talented and experienced graduates at our studio space in downtown Toronto.

Our wish for this series of workshops is to direct people's attention to the foundations of Expressive Arts Therapy - knowing through the arts, while offering introductory EXAT to the public at an extremely affordable rate.

We encourage both potential students for the ISIS programme and those interested in personal growth, to join us in exploring the process of the Expressive Arts and how they shape us as both creator and witness. Little previous experience in the arts or therapy is necessary for any of the workshops, just bring your curiosity!

Several of these workshops will present specific modalities; Dance/Movement, Visual Art, Writing/Poetry and Theatre, but all will be presented within an intermodal context. There will also be two workshops which will serve as introductions to intermodal EXAT.

ISIS-Canada is a non-profit, charitable educational institution offering a three-year training programme in Expressive Arts Therapy.

There are three public ISIS orientation evenings for potential students on Sunday February 12th and April 9th, from 4-6 PM each night at the ISIS studio space. Admission is free.

We will start accepting applications to be considered and interviewed for the Fall 2006 programme after February 1st, 2006. This is an ongoing admissions process and will remain open until all 18 places in the first year class have been filled.

Call the office for more information and to receive an application and brochure or download one from our website.

Registration:

Please contact the workshop facilitator(s) directly for details, to register and arrange payment or contact the ISIS office.

Cost:

1-day workshops are \$65.00 each
2-day workshops are \$80.00 each

Location:

ISIS-Canada Studio, at 66 Gerrard St. E., 3rd Floor, in downtown Toronto (Church St. & Gerrard, across from Ryerson University).

For a free brochure and application or more details about the ISIS-Canada programme, please contact the ISIS office at:

ISIS-Canada
College Square, P.O. BOX #31046
725 College St. West
Toronto, Ontario M6G 1C0

Tel: (416) 539-9728
Fax: (416) 531-8236
email: admin@isis-canada.org
website: www.isis-canada.org



ISIS-Canada

A Three-Year Training Programme in
Expressive Arts Therapy

'Knowing Through the Arts'

An intermodal workshop series throughout 2006

www.isis-canada.org

Dance/Movement Studio

**April 8th
Saturday 11AM-6PM**

Using movement, dance and our bodies as teachers, we will explore the theme of relationships. How do we connect with ourselves and others? A variety of art modalities will be incorporated.

Facilitator: Jocelyn Urban

Jocelyn Urban, RSSW, BA, MA is a graduate of ISIS and EGS. For fifteen years, she has been developing and facilitating workshops. She currently works in a mental health and addiction agency and has a small private practice. Jocelyn has a strong belief that working through the body can transform our patterns.

Contact: (416) 465-8914

Writing/Poetry Studio

**June 17th & 18th
Saturday 11AM-6PM, Sunday 11-4PM**

Participants will use writing to free the words inside themselves. Poetry has the direct ability to broaden the boundaries of words, making them more tangible. The words that are revealed will be explored and experienced through different arts enabling communication.

Facilitator: Gili Haimovich

Gili Haimovich is an EXA therapist, poet, journalist and editor who graduated from ISIS-Israel and the Camera Obscura Arts School. Gili is a published author in English and Hebrew, including two books. She facilitates variety of groups involving writing with arts.

Contact: (416) 223-9928
giliha@hotmail.com

Introduction to Expressive Arts

**April 29th
Saturday 11AM-6PM**

Participants will explore more embodied experience of life transferring between painting, theatre, movement, music and poetry. Discover how playful engagement through the arts can enliven ones connection to the world and those around you.

Facilitator: Kathleen Rea & Gili Haimovich

Kathleen Rea has a Master's degree in Expressive Arts and a graduate of ISIS-Canada. She has a private practice and works at various agencies in the Toronto area. Kathleen's former career in dance (National Ballet Company, Tiroler Landestheatre) inspires her use of the body and its movements in her therapy work.

Gili Haimovich is an EXA therapist, poet, journalist and editor who graduated from ISIS-Israel and the Camera Obscura Arts School. Gili is a published author in English and Hebrew, including two books. She facilitates variety of groups involving writing with arts.

Contact:
Kathleen Rea (416) 545-1515
dance@kathleenrea.com
Gili Haimovich (416)223-9928
giliha@hotmail.com

Theatre Studio

**May 27th
Saturday 11AM-6PM**

Exploring movement, sound and improvisation, participants will shape a character that will lead to a final in-class performance. All skill levels are welcome.

Facilitators: Noriko Oka & Emily MacNaughton

Emily MacNaughton is an EXA therapist and counsellor with an interest in all aspects of theatre.

Noriko Oka, a graduate of ISIS-Canada, with a Masters in Expressive Therapies, is curious about how theatre can enable us to empathize and gain compassion through embodying another reality.

Contact:

Emily Macnaughton (416) 237-9736
emily.mac@hotmail.com
Noriko Oka (416) 686-4123
noriko@momiji.on.ca

Painting Studio

**June 10th
Saturday 11AM-6PM**

We will explore the arts in a relaxed studio environment. Music, movement and writing will be invited into our painting exploration creating an intermodal experience of the arts. All materials provided- all that's required is your willingness! Start your summer with a day of personal exploration and creativity.

Facilitators: Sandy Kappa

Sandy Kappa is a practicing Expressive Arts Therapist and artist.

Contact: (416)406-1893
junebug@porchlight.ca