



ISIS - C a n a d a

A Three-Year Training Programme in Expressive Arts Therapy

'Knowing Through the Arts'

An intermodal workshop series throughout 2008

ISIS-Canada is pleased to offer this intermodal workshop series from March to June 2008. All workshops will be facilitated by our talented and experienced graduates at our studio space in downtown Toronto. We encourage both potential students for the ISIS programme and those interested in personal growth, to join us in exploring the process of the Expressive Arts and how they shape us as both creator and witness. Little previous experience in the arts or therapy is necessary for any of the workshops, just bring your curiosity!

April 5th	Workshop for Couples "A Date with Creativity"
April 19th	Introduction to Expressive Arts Therapy
May 10th and 11th	Dance/Movement Workshop
May 17th and 18th	Expressive Arts Through Drumming
May 24th and 25th	Body Image Workshop
May 31st	The Journey Through Dying and Death: Creative remembering, soul food for living
June 7th and 8th	Expressive Arts Writing Studio
March 10th-May 12	Knowing Through the Arts: Come back to your senses 8-week expressive arts group for social workers, therapists, teachers, artists and ISIS grads.

Registration:

Please contact the workshop facilitator(s) directly for details, to register and arrange payment or contact the ISIS office.

Cost: 1-day workshops are \$65.00 each 2-day workshops are \$80 .00 each

Location:

ISIS-Canada Studio, at 66 Gerrard St. E., 3rd Floor, in downtown Toronto (Church St. & Gerrard, across from Ryerson University).

'A Date with Creativity'-Workshop for couples
April 5th
Facilitated by **Sandy Kappy and Carole Baker**

Primarily a painting workshop but will include other modalities of Expressive Arts. All couples welcome.

Sandy Kappa is a graduate of ISIS and Carole Baker is currently a student in the new ISIS program, Foundations of Expressive Arts. Together they have been co-facilitating an expressive arts group for lesbian, bi and trans women at Sherbourne Health Centre for the last five years.

To register, please contact the facilitators at
Sandy Kappa at junebug@porchlight.ca or (416) 406-1893
Carole Baker at cbaker@sherbourne.on.ca

Intro to Expressive Arts
April 19th
Facilitated by **Kathleen Rea**

Participants will explore an embodied experience of life transferring between movement, painting, music and poetry. Discover how playful engagement through the arts can enliven one's connection to the world and those around you.

Dance/Movement Workshop
May 10th and 11th,
Facilitated by **Kathleen Rea**

Expand your personal movement style through an interdisciplinary approach involving dance, voice and painting.
No previous dance experience is needed

Kathleen Rea has a Master's degree in Expressive Arts Therapy from the European Graduate School and ISIS-Canada. Kathleen has a private practice and works as an arts-therapist at various clinics in the Toronto area. She is a certified member of the OACCPP and has experience offering services in the areas of body image issues, stress management, depression, bereavement, gender issues, addictions, mental health issues and trauma recovery. Her therapeutic methods involve the use of talk therapy, writing, visual arts, music, vocalisation, and dance. Kathleen is a former professional dancer with the National Ballet Company of Canada, Ballet Jørgen Canada and Tiroler Landestheatre (Austria) and has choreographed of over thirty commissions for film and stage. Kathleen's career in dance inspires her use of the body and its movements in her therapy work. She is an active member of the Contact Dance Improvisation community in Toronto, founding the Wednesday Dance Jam and teaching classes and workshops throughout the year. Kathleen is also a faculty member of the Modern Dance Program at George Brown College.

To register, please contact the facilitator at kathleenrea@rogers.com or (416) 545-1515

Expressive Arts Through Drumming
May 17th and 18th
Facilitated by **Terri Segal and Shara Claire**

Explore, express, and expand your natural rhythms through drumming, creativity, and play. Learn basic hand drumming techniques, African rhythms and songs, develop improvisation skills and build confidence playing in a group. Experience the interconnection between drumming and other art forms such as movement, voice, visual art, and journaling.

Shara Claire, a graduate of ISIS-Canada, teaches ongoing classes in the Toronto area and frequently plays for local dance and yoga classes. She has studied and taught West African, Afro-Cuban, Brazilian, Middle Eastern and Congolese drumming. As a teacher, Shara balances tradition and experimentation. She is a gently directive facilitator who believes in everyone's rhythmic capabilities.

Terri Segal facilitates group drumming programs at schools, special needs and social service agencies, and corporations. Terri brings her gentle and affirming leadership skills to her empowering and community building drumming circles. Terri has participated in multiple drum facilitator training programs and is a graduate of ISIS-Canada.

To register, please contact the facilitators at
Terri Segal at terri_segal@yahoo.ca or (416) 662-6488
Shara Claire at sharadrum@gmail.com or (416) 708-1279

Body Image Workshop
March 1st and 2nd, Saturday 10am-5pm & Sunday 11am-4pm
Facilitated by **Gili Haimovich**

In this workshop participants will use the expressive arts to discover perceptions of body image, what seem to be society's perceptions of it and the gaps between them. This process will be done experientially through the different modalities of expressive arts focusing on movement, sculpture and writing; along with creating sharing with others.

Gili Haimovich is an Expressive Arts therapist and a writer with background in visual arts and journalism. she graduated from Camera Obscura Arts School and ISIS, the training program to Intermodal Expressive Arts Therapy in Israel. She is a published author in both Canada and Israel and who also worked as a journalist in both places. As a therapist she has developed extensive experience in working with a large spectrum of cultures and populations. She has been a Board of Director of ISIS-Canada and worked in agencies and in private practice with individuals and groups, facilitates expressive arts therapy and workshops.

To register, please contact the facilitator at gili@poetryon.com or (416) 566-3524

The Journey Through Dying and Death: Creative remembering, soul food for living
May 31st, 10-5pm
Facilitated by **Lysa Toye**

Much has been said in recent decades about the pervasive death phobia of our dominant culture. Hospice and palliative care are now burgeoning fields, our media is overflowing with incarnations of death, and an aging population infers our mortality, and yet, mysteriously, our death phobia is as healthy as ever. Through reflection, discussion, and the arts, together we will consider the spectre of death in western culture, reflect on our own relationship to death, and imagine the prospect of death as a soul food for living.

This two-day workshop will use reflection, visualization, visual art, poetry, and ceremonial making to explore and learn more about the journey through dying and death.

Lysa is an Expressive Arts Therapist and a Master's trained Social Worker who believes in the power of creativity, play, art, ritual and the natural world to ground us in and awaken us to the full experience of being human. She works at the Max and Beatrice Wolfe Centre for Children's Grief and Palliative Care at the Temmy Latner Centre for Palliative Care, Mount Sinai Hospital, where she provides psychosocialspiritual support and education for children and their families living with the experience of dying and death.

To register, please contact the facilitator at lysa.toye@gmail.com

Expressive Arts Writing Studio
June 7th and 8th, Saturday 10am-5pm & Sunday 11am-4pm
Facilitated by **Gili Haimovich**

In this experiential workshop, participants will be provided with opportunities to explore their own writing practice. We'll use an interdisciplinary approach, where other modalities (visual art, music, movement, drama) will be channeled as a way to both generate and support the writing process. Participants will be encouraged to use the group setting to create together with other members, to share their work and receive feedback.

Gili Haimovich is an Expressive Arts therapist and a writer with background in visual arts and journalism. she graduated from Camera Obscura Arts School and ISIS, the training program to Intermodal Expressive Arts Therapy in Israel. She is a published author in both Canada and Israel and who also worked as a journalist in both places. As a therapist she has developed extensive experience in working with a large spectrum of cultures and populations. She has been a Board of Director of ISIS-Canada and worked in agencies and in private practice with individuals and groups, facilitates expressive arts therapy and workshops.

To register, please contact the facilitator at gili@poetryon.com or (416) 566-3524

Knowing Through The Arts: Come back to your senses
8-Week Expressive Arts Group
March 10th through May 12th, Mondays, 2:30-5:30PM
Facilitated by **Lee Shields**

An 8 week expressive arts group for social workers, therapists, teachers, artists and ISIS grads.

Would you like to continue to build your skill set while making art and playing?

Would you like to know how the arts can help process disturbing images?

Would you like to explore intermodal expressive arts and develop yourself as an artist?

START: Monday March 10-May 12 2008, 2:30 pm - 5:30 pm

COST: \$400.00

WHERE: ISIS Studio, 66 Gerrard St. East, Suite 302

Lee Shields MA, is an ISIS-Canada graduate who has facilitated art-based groups for 12 years. For the past seven years she has been a core ISIS faculty member, currently serving as Practicum Coordinator and teaching the course, Foundations of Expressive Arts.

To register, please contact the facilitator at 647 668-6094 or leeshields@gmail.com
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